



- Relational Opportunity



- Family-Friendly Opportunity



- Ongoing Opportunity

























### Serve Your Church

- Adopt someone from the church who is receiving chemotherapy and deliver a once-a-month blessing basket.
- Rotate serving several widows or widowers in the church with once-a-month opportunities such as helping complete a house project or providing freezable meals.
- Help someone move. Help with the packing or moving of their boxes and belongings.
- Help to prepare our children's areas for Sunday mornings. Volunteer as a group to cut out or organize supplies.
- Volunteer to host family tables at Journey's Baby Dedication event in the summer.
- Help the Breakfast Team one week to provide food for our Production Team.
- Offer babysitting for families to attend a church event or who just need a break.
- Help transport people who do not have a vehicle or cannot drive to and from church or church events.
- Help with the set-up and tear down of events at church.




















### Serve the Elderly

- Adopt a nursing home and arrange visits from community members or provide simple gifts like toiletries at the holidays.
- Create a list of seniors who could use help pulling weeds or other outdoor chores and commit to a few of these projects.
- Adopt an elder and provide weekly visits or phone calls for encouragement ([Family Lifeline](#))
- Host a party to make greeting cards for different events (birthdays, holidays, blank cards) that can be used to be sent the elderly.
- Help address "Honey-Do" lists for an elder (i.e. flip mattress, help with technical issues with computers and printers).
- Help to create a library at a nursing home, collecting books and books on tape that can be donated.
- Arrange a craft event at a nursing home and bring the kids to help out.
- Arrange a Bingo night or game night at a nursing home. Again, bring the kids!
- Arrange to run errands for an elder (groceries, pharmacy).
- Go Christmas caroling at a local nursing home.
- Help create or manage a community garden at a nursing home.











## Serve a Nonprofit

-  Volunteer to sort food, organize clothing donations, and clean pantry shelves at a food pantry or shelter. ([Chesterfield Food Bank](#), [Feedmore](#))
-   Volunteer to do a once-a-month deep clean for a homeless shelter or soup kitchen.
-   Volunteer at an addiction treatment center.
-   Host a dinner or event at [The Doorways](#) or the [Ronald McDonald House](#). Be an ear for individuals as they walk with family through an illness.
-   Volunteer at [Mercy Mall](#). Sort and hang clothes or build relationships with people coming to shop.
-   Gather a group to help clean the grounds of a non-profit group.
-   Volunteer with [Housing Families First](#) to make a difference in the lives of families exiting homelessness.
-   Organize a group to prepare and serve a hot meal through [Richmond Friends of the Homeless](#).
-   Volunteer to help those experiencing homelessness or facing addiction through [Caritas](#).
-   Volunteer to help at a pregnancy resource center with an event or classes. ([Pregnancy Resource Center](#), [Pregnancy Help Center of Chesterfield](#)).
-  Help to gather donations for the [New Life Thrift Center](#).
-   Volunteer with [Embrace Richmond](#) as they work to strengthen communities from the inside out.
-   Volunteer with [Into the Neighborhood](#) as they work to mobilize and equip people to live out God's mission for their lives and to reclaim, restore and rebuild the landscape of their community.















## Serve our Heroes

-   Write a note of appreciation to the officers who work during our services or at a local school. Copy their chief on the note.
-    Create celebration kits for military service members including a balloon, paper hat, confetti, and card. Mail them in time for the service member's birthday.
-    Host a game night at the VA Hospital.
-   Visit patients in the VA Hospital. Bring toiletry kits and listen to their stories.
-    Bring a dinner and notes of appreciation to a local fire station.
-   Bring cookies or a treat to the local police department.
-   Volunteer to help with a [Wounded Warrior Project](#) event.
-   Send Christmas cards to the troops.












## Serve Your Community

-   Help foster families in your community by offering Saturday house helpers so the foster parents can nap, shower, or take a break.
-   Volunteer to have coffee with individuals learning English as a second language to help them practice, while you have an opportunity to learn about another culture.
-    Collaborate with other groups to put on a neighborhood-based Vacation Bible School.
-    Spend time with the kids in a family who have a sibling with a serious illness or disability. Take them shopping, out for ice cream, or do something to give them a day that is about them.









## Serve a School

-    Give goody bags to the maintenance staff, special needs teachers, and administrators at a local school. Include a reusable insulated coffee cup, sanitizing wipes, facial tissues, and a small gift card to a local coffee shop.
-   Have your small group be on the lookout throughout the year for discounted or free books for children and funnel them to an underserved school.
-   Offer to help replenish supplies at a local school during the mid-year.
-  Provide changes of underwear and clothes to a school to be used when children have an accident or injury that requires fresh items.
-  Work together as a group to bake treats that are sent to schools through Journey's "Treats for Teachers."
-  Gather and donate small denomination gift cards to a local school that can be used for rewards or to help teachers with supplies.
-  Volunteer to spruce up the teacher's lounge of a struggling school or the grounds around a school.
-   Volunteer with a mentoring or tutoring program at a local school.
-  Check social media for #clearthelist items to help provide wish list items to teachers for their classrooms.

## Serve a Hospital

-    Consider a holiday-specific service project such as flags and a small flower for the 4th of July for each child on a ward, or tiny costumes for preemies in the NICU ward on their first Halloween.
-   Create chemotherapy kits for children or adults containing comforting items such as hard candies, tissues, hand wipes, soft socks, coloring books and pens and crayons.
-   Create care packages for families who have a loved one who is being treated.
-    Consider bringing a group of kids to Children's Hospital to play with the hospitalized kids who could use some fun and a friend.
-  Set up an [Anthem Lemonaid Stand](#) in the summer to help raise money for Children's Hospital and kids who are facing a cancer diagnosis.

## Other ideas?

-   Volunteer in a jail or prison ministry.
-    Look for ways you can serve your fellow group members and their families.
-    Do a “Next Door” app takeover. Choose a neighborhood and let the neighborhood know through the app that your group is ready to serve their community. Help introduce the neighborhood to the love of Jesus and Journey. Be certain to create realistic expectations of what is possible.