



# ROOTED

## Welcome to ROOTED

The **Rooted** experience will deepen your connection with God, His church, and your purpose in God's epic story.

**Rooted** is a catalyst for life-change, provoking questions, conversations, and beyond-what-is-comfortable group experiences that are designed to help you find yourself in God's story. You will begin to see God in new ways and hear His voice in surprising places. Through this experience, we hope you will be emboldened to live out your calling as a radical follower of Jesus. The word radical comes from the Latin root "radix," meaning "a root." By rooting ourselves in God's Word and His truths, we have a firm foundation on which we love the world.

**Rooted** is a significant commitment. Anything worth doing involves a certain amount of sacrifice. During the 11-week experience, you will engage in various "rhythms" that help you 'tune in' to God daily (Bible reading, journaling, and prayer) and then you will meet with your group weekly at the Journey campus to talk about what you've learned. You will be surprised what happens when your group gathers and begins to share honestly. As people open up, God will reveal new truths. This is where transformation happens.

There are three additional experiences designed to deepen some of the areas we explore. We'll pray together, share our faith story, and serve together. No matter where you stand in your relationship with Jesus at the beginning of **Rooted**, there is always room to move forward. For some, that may mean deciding for the first time to follow Jesus and being baptized. For others it will mean letting go of the things of this world to follow His call more courageously. After 10 weeks together, we'll join with all the other **Rooted** groups to celebrate the journey.

Come with an open heart and mind, and see how God will surprise you!

## Rooted at Journey

**Rooted is an 11-week catalytic experience that will jump start or deepen a person's faith and their impact in the world.**

### How Do I Get Involved?

**Rooted** and Community Group registration will open Sunday, January 5. If you're interested in participating in the **Rooted** experience, visit [journeyrva.com/groups](http://journeyrva.com/groups) during January to join the group that works best for you!

### Message from Our Director of Discipleship

*Hi, my name is Melanie Hudson and I am the Director of Discipleship here at Journey. We all have times where we feel like we need to grow closer to God. Maybe you've felt that way in the past or maybe you feel that way now. Then, there are times when we feel really close to God and have a strong desire to be a world-changer, but we're just not sure how to step forward into that. **Rooted** is an 11-week discipleship pathway that includes study, discussion, and practical experiences around 7 rhythms essential to a healthy and growing relationship with Jesus Christ. **Rooted** is truly a powerful experience that will deepen your faith and your influence in the world. I can't wait for us to launch **Rooted** to the entire church in 2020. We believe **Rooted** will transform our church so that people are engaging on a deeper level by serving, giving, and growing in community with others, as well as their relationship with Jesus Christ.*

If you have any questions about **Rooted**, please contact me at [mhudson@journeyrva.com](mailto:mhudson@journeyrva.com).



## THE 7 RHYTHMS OF ROOTED



Daily Devotion



Prayer



Freedom from Strongholds



Sacrificial Generosity



Serve the Community



Share Your Story



Celebration



## ROOTED FAQ's

### WHAT IS ROOTED?

Rooted is an 11-week catalytic experience that will jump start or deepen a person's faith and their impact in the world. While much of the Rooted experience takes place in a small group environment, consider it also a personal journey - a Journey with the goal of deepening your connection with God, His Church, and your purpose in the big, epic story He is writing through human history.

During the 11-week experience, you will engage in various “rhythms” that help you ‘tune in’ to God daily (Bible reading, journaling, and prayer) and then you will meet with your group weekly at the Journey campus to talk about what you’ve learned. You may be surprised what happens when your group gathers and begins to share honestly. As people open up, God will reveal new truths. This is where transformation happens.

### WHAT HAPPENS AFTER?

At the end of the 11-week experience, many of the Rooted groups will move onto the Community Group phase of GroupLife. During this phase, they will begin to meet weekly in homes where they will continue in the seven rhythms of Rooted for 12-24 months. Rooted is the doorway to GroupLife at Journey.

### HOW DO I GET INVOLVED?

Rooted and Community Group registration will open Sunday, January 5. If you're interested in participating in the Rooted experience, visit [journeyrva.com/groups](http://journeyrva.com/groups) during January to join the group that works best for you!

### WHEN ARE THE GROUPS MEETING?

There will be multiple groups to choose from on several different nights of the week starting the week of February 3. All groups meet at the Journey campus for the initial 11 weeks of Rooted. The groups who continue on to become Community Groups will then begin meeting in the homes of the group members.

### WHAT IF I CAN'T MAKE ALL 11 WEEKS?

We understand that Rooted is a large time commitment, but we believe it is worth it to invest in the entire process. The 11 weeks (10 weeks + celebration) are a cumulative experience, and so we ask that every participant commit to honor each other by being at every meeting. Attending each week is vital to both the Rooted experience and the forming of bonds with your new group. We strongly encourage every person to participate in each weekly meeting and group experience.

### HOW BIG ARE THE GROUPS?

Groups are about 10-14 people. When the limit is reached, the group will be closed. So if there is a special night you need to attend, be sure to sign-up quickly to get your spot.

**IS THERE A COST TO ROOTED?**

Similar to the cost of books, dvd's and other curriculum used in traditional community groups, there is a cost to Rooted. The cost is \$25 per person to go through the course, which includes all sessions, your workbook and other materials, and the Celebration dinner at the end of the 10 weeks.

**IS CHILDCARE PROVIDED?**

Yes, childcare is provided. The cost for childcare is in addition to the \$25 participant fee. The childcare cost is \$55 per individual registering a child that will be paid upfront. This adds up to only \$5 per week for a single adult participant and \$10 per week for a couple checking in children - regardless of the amount of children.

**CAN I FACILITATE A ROOTED GROUP?**

We are always happy to add to our team! Rooted Facilitators get a front row seat to something remarkable – God transforming lives. Rooted leaders must have completed the Rooted experience, be commissioned for ministry leadership, and agree to our leadership commitment.

**IF I HAVE AN EXISTING COMMUNITY GROUP, CAN I TAKE MY GROUP THROUGH ROOTED?**

Yes, however, you need to be in alignment (regarding timing) with a Rooted group session. Your group also needs to be led by facilitators who have gone through Rooted before, and who are committed to the weekly Just In Time trainings. We will make a few slots available each session to accommodate existing community groups.

**CAN I DO ROOTED AT HOME WITH MY COMMUNITY GROUP?**

Yes, if you have previously been through Rooted you can lead a Rooted group. The location is not essential except for the commitment to join the rest of the Rooted groups for the collective experiences. We believe they are essential to the Rooted experience as a whole, and there are 4 of them; the Launch Event, the Prayer Experience, the Serve Experience and the Celebration Event at the end of the 10 weeks.

Still have questions? Contact Melanie Hudson at [mhudson@journeyrva.com](mailto:mhudson@journeyrva.com).

# January

# 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1	2	3	4
5	6	7	8	9	10	11
ROOTED GROUP REGISTRATION OPEN						
12	13	14	15	16	17	18
ROOTED GROUP REGISTRATION OPEN						
19	20	21	22	23	24	25
ROOTED GROUP REGISTRATION OPEN						
26	27	28	29	30	31	1
ROOTED GROUP REGISTRATION OPEN						
ROOTED GROUP REGISTRATION CLOSED						

# February

# 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	31	1
2	3	4	5	6	7	8
Week 1 : What is Rooted? / LAUNCH 6:30-8:30pm						
9	10	11	12	13	14	15
Week 2 : Who is God? 6:30-8:30pm						
16	17	18	19	20	21	22
Week 3 : How Does God Speak to Us? / PRAYER EXPERIENCE 6:30-9:30pm						
23	24	25	26	27	28	29
Week 4 : Where is God in the Midst of Suffering? 6:30-8:30pm						

# March

# 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Week 5: There is an Enemy 6:30-8:30pm						
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Week 6: How Can I Make the Most of My Life? Pt 1 6:30-8:30pm						
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Week 7: How Can I Make the Most of My Life? Pt 2 6:30-8:30pm						
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Week 8: How Does God View Money? 6:30-8:30pm						
<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Week 9: Why and How Should I Tell Others? 6:30-8:30pm						

**SERVE  
EXPERIENCE**

# April

# 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1	2	3	4
Week 9 : Why and How Should I Tell Others? 6:30-8:30pm						
5	6	7	8	9	10	11
Skip for Spring Break						
12	13	14	15	16	17	18
Week 10: Why is the Church Important? 6:30-8:30pm						
19	20	21	22	23	24	25
CELEBRATION						
26	27	28	29	30	1	2