



Study Track Option for Young Adults - September through May

Congrats! You have completed your first 8 weeks together as a group. You've shared stories and begun forming friendships.

You may be looking for an answer to one of the most common questions group leaders ask:

What Should My Group Study Next?

This study track will provide you with study options, serving opportunities, and social ideas to navigate your time together as a group.

Weeks	Focus	Topic	Plan Author Type Location
1 week	Practical Teaching	To help each of you identify your core temperament.	Temperament Assessment Video & Discussion Guide groupleaders.org
2 weeks	Christmas	Service & Social	Serve Together at one of Journey's community partners. Host a group Christmas party!
6 weeks	Group Study	Why is happiness easy to find but hard to keep?	What Makes You Happy Andy Stanley Video & Discussion Guide happyseries.org
1 week	To Grow Relationally	Social	Group Outing: Meet at a local restaurant, share a meal, and spend some time together!

7 weeks	Group Study	A study focusing on God's principles and how they apply to young adult life issues.	<p style="text-align: center;"><i>Experiencing God: God's Invitation to Young Adults</i> Richard Blackaby Study Guide Amazon.com</p>
3 weeks	Group Study	A study about faith and finances including practical ways to set a budget, save, and give.	<p style="text-align: center;"><i>Just Grad Financial Curriculum</i> Discussion Guide groupleaders.org</p>
1 week	To Grow Relationally	Social	Group Outing: Meet for and outdoor activity as a group!
1 week	Group Study	Part one of a two part series about how to intentionally end your group well.	<p style="text-align: center;"><i>Ending Well: Session One</i> Clay Scroggins Video/Discussion Guide groupleaders.org</p>
2 weeks	Grow Relationally and Serve together.	Social & Service	<p style="text-align: center;">Group Social: Host a cookout! Service: serve together at the local food bank!</p>
1 week	Bible Study	Unity and Maturity in the Body of Christ Instructions for Christian Living	<p style="text-align: center;">Ephesians 4:1-16 Ephesians 4:17-32 Bible Bible Study Questions</p>
1 week	Group Study	Part two of a two part series about how to intentionally end your group well.	<p style="text-align: center;"><i>Ending Well: Session Two</i> Clay Scroggins Video & Discussion Guide groupleaders.org</p>



Congratulations! You and the group connected relationally and grew spiritually! Take the summer off. If this is your first year, you may decide to go through another year as a group or you can register for the fall GroupLink event and start a new group!