



CULTURE OF CARE

Without a healthy culture of care, those in our group will not experience _____
_____.

Feeling cared for in authentic community is one of the things that helps people grow in their
_____.

The best way to establish a culture of care within your group is to have a practice of _____
_____, a habit of demonstrating empathy, even when group members aren't
faced with "urgent" care needs.

Demonstrating care well in these day-to-day situations will help create a group that is seen as a
safe place and will help people feel open to sharing both their _____ and their
_____.

JOURNEY'S MISSION AND MODEL OF CARE

The first level of care needs are addressed through _____.

- To provide help, encouragement, support, and empathy to another at a time of need.
- Through the church body, in serving teams, community groups, and short-term groups.

The second level of care needs are addressed through pastoral _____.

- Short-term spiritual counseling by pastoral staff members.

The third level of care needs are addressed through Journey's _____.

- Emergency or non-emergency circumstances requiring long-term counseling or some
type of social services intervention.



THE CARE PATHWAY IN GROUPS - MODEL C.H.R.I.S.T.

Pastoral care isn't intended to provide all the _____ for an individual who is struggling.

It is walking alongside them in _____ as they seek their best next steps.

- **C**onsider the issue and talk with the individual/couple experiencing the difficulty.
 - Circumstances may be related to _____ struggles, marital problems, parenting concerns, births, _____, funerals, _____, or illness.
- **H**ave a conversation with the individual/couple experiencing the struggle. Your _____ will mean more than anything you will say. So, show kindness and _____. What they need most is simply for you to be present and listen.
- **R**espond with help, encouragement, support, and _____, making Christ's love tangible.
- **I**nvest in them by walking alongside them through this _____ of hurt/struggle. Be _____ about how they feel and how they are doing.
- **S**uggest they consider a _____ through Journey's Care Network. (For more serious or long-term issues)
 - Ex: ongoing depression, anxiety, addictions, serious marital issues, medically diagnosed mental disorders, trauma or abuse, crisis intervention, or severe financial insecurity.
 - www.journeyrva.com/care
- **T**ouch base with them regularly, showing _____ and _____ for their area of struggle.

What would you say?

What questions would you ask?

What would you do to help or show kindness?